COLUMBIA CONFERENCE

Schools, Parks, and Recreation Facilities

It's your active community! Chester, Edgefield, Fairfield, Kershaw, Lancaster, Lexington, Newberry, Richland, Union

Being active at home is great. There are also many places ready to help you be active, right outside your door! So, get out and see your community. Your new active lifestyle may help you see things you never knew were there.

Below is a list of **free** and **low-cost** (most less than \$5/entry) activities in your area, from parks & recreation facilities, to beaches, riverwalks & school yards. Look by county or by places most interesting to you. Take a walk somewhere new, everyday!

Let's Get Moving!

Schools can be great neighborhood sites for community physical activity. On weekends and after school hours, neighborhoods may have access to safe playgrounds, and track and field space. Contact your areas schools for more information.

School District Offices - Contact Information

Chester County Schools

109 Hinton Street, Chester, SC 29706 (803) 385 - 6122

http://www.chester.k12.sc.us

Fairfield County Schools

1226 US Highway 321 By-Pass South, Winnsboro, SC 29180 (803) 635 - 4607

http://www.fairfield.k12.sc.us

Lancaster County Schools

300 Catawba Street, Lancaster, SC 29720 (803) 286 - 6972

http://www.lancasterscschools.org

Edgefield County Schools

3 Par Drive, Edgefield, SC 29824 (803) 279 - 5123

http://www.edgefield.k12.sc.us

Kershaw County Schools

1301 DuBose Court, Camden, SC 29020 (803) 432 - 8416

http://www.kershaw.k12.sc.us

Lexington County Schools - District 1

100 Tarrar Springs Road, Lexington, SC 29072

(803) 821 - 1000

www.lexington1.net

Lexington County Schools - District 2

715 Ninth Street, West Columbia, SC 29169 (803) 769 - 4708

http://www.lex2.k12.sc.us

Lexington County Schools - District 4

607 East Fifth Street, Swansea, SC 29160 (803) 568 - 1000

http://www.lex4.k12.sc.us

Newberry County Schools

1539 Martin Street, Newberry, SC 29108 (803) 321 - 2600

http://www.newberry.k12.sc.us

Richland County Schools - District 2

6831 Brookfield Road, Columbia, SC 29206 (803) 787 - 1910

http://www.richland2.org

Lexington County Schools - District 3

338 West Columbia Avenue, Batesburg-Leesville, SC 29006 (803) 532 – 4423

http://www.lex3.k12.sc.us

Lexington County Schools - District 5

1020 Dutch Fork Road, Irmo, SC 29063 (803) 476 - 8000

http://www.lex5.k12.sc.us

Richland County Schools - District 1

1616 Richmond Street, Columbia, SC 29201 (803) 231 – 7000

http://www.richlandone.org

Union County Schools

130 West Main St., Union, SC 29379 (864) 429 - 1740

http://www.union.k12.sc.us

Beaches along the South Carolina coast can make easy and beautiful sites for your next physical activity round. Miles of unspoiled beaches and history are just waiting for you to walk, jog or swim on through. Next time you think about heading for the coast, think of the beach front parks of *Bulls Island*, *Folly Beach*, *Isle of Palms*, *Beachwalker Park at Kiawah Island*, and *Seabrook Island*!

Rivers & Lakes Lake Marion, Lake Moultrie & Cooper River run straight through the heart of Berkeley Co. "If you love freshwater lakes teeming with fish and pristine shorelines abounding in wildlife, they'll run straight through your heart too."

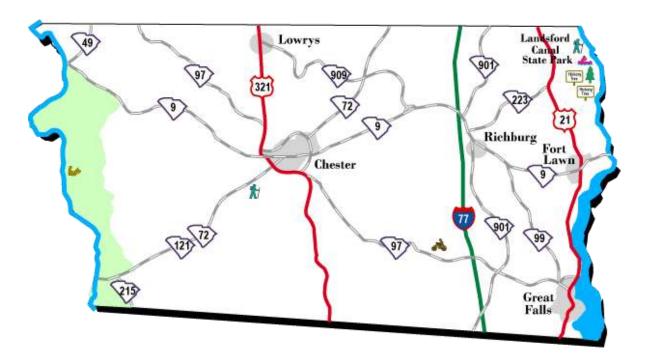
Parks & Rees: Whether you're ready to hit the great outdoors or prefer more climate-controlled freedom, your community's parks and recreational resources are there for you! Just look around. Many public, county, and state parks and gyms are waiting for your visit. And, state-run Parks and Recreational Departments often have all the information you need to find the indoor/outdoor adventure that's right for you. Let's see what's out there.

Physical Activity Sites by County

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Physical Activity Sites by County

Chester





Chester County Parks & Trails

Caney Fork Falls: Hiking Trail

Location: 759 State Park Drive, Chester, SC, 29706.

Features: Fishing and boating lakes, waterfall, picnic area, 25-campground sites, a

playfield, and archery range.

Website: http://www.sctrails.net/trails Contact: (803) 385-2680

Chester State Park

Location: 759 State Park Dr., Chester, SC 29706

Features: 160-acre fishing lake, boating area, picnic area and shelters, playground

equipment and nature

Website: http://www.southcarolinaparks.com Contact: (803) 385-2680

Other: Hours: Monday-Sunday 9am-6pm (extended to 9pm during DST)

Admission: \$2 adults; \$1.25 South Carolina seniors; ages 15 and under free

Chester County Parks & Trails (continued...)

Landsford Canal State Park

Location: 2051 Park Dr., Catawba, SC 29704

Features: Fishing and boating area, playground equipment, picnic area and shelters,

education centers and trails.

Website: http://www.southcarolinaparks.com Contact: (803) 789-5800

Other: Hours: Monday-Sunday 9am-6pm

Admission: \$2 adults; \$1.25 SC seniors; age 15 and younger free

Landsford Canal State Park: Interpretive Trail

Location: 2051 Park Dr., Catawba, SC 29704

Features: Three different trails to choose from (the Canal Trail, the Nature Trail, and

the Eagle Point Trail), picnic grounds and restrooms.

Website: http://www.sctrails.net/trails Contact: (803) 789-5800

Sumter National Forest: Horse Trail

Location: 3557 Whitmire Highway, Union, SC, 29379

Features: Recreation area, 10 horse corrals, and eight equestrian campsites which

are equipped with restrooms, hot showers, drinking water, tables and

grills.

Website: http://www.sctrails.net/trails
Contact: (864) 427-9858

Chester County Recreation Centers

Leroy Springs Recreation Complex

Location: 770 Old Richburg Road , Chester, SC 29706

Features: Senior Aerobic/Strength Training Classes, Senior Adult Local Games,

Clubroom Rental

Website: http://www.leroysprings.com/RecreationalFacilitiesChester.cfm

Contact: (803) 385-6109

Other: Hours: Monday & Wednesday 8am – 5pm; Friday 8am – 12pm

Upper Palmetto YMCA

Location: 157 Columbia Street, Chester, SC 29706

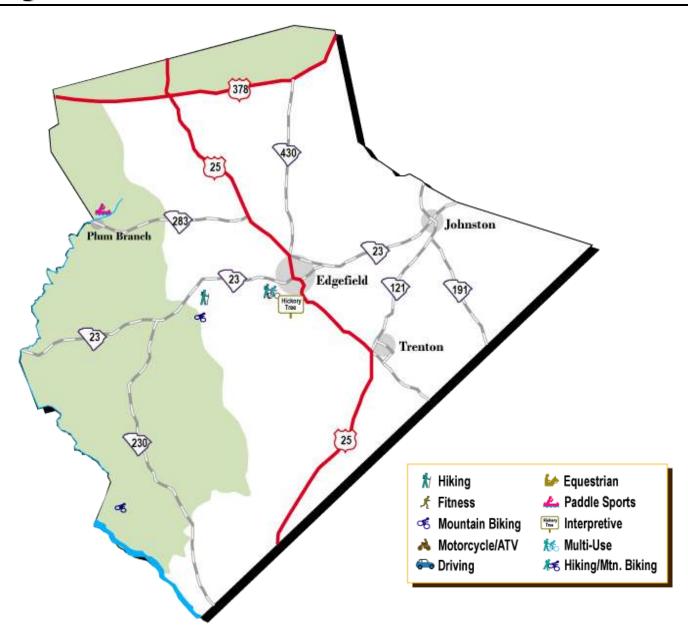
Features: Indoor Pool, Weight equipment, group fitness classes, gymnasium,

playground, outdoor basketball court.

Website: http://www.upymca.org/ Contact: (803) 581-9622

Other: Hours: Monday-Friday 5:30am-9:30pm

Edgefield



Edgefield County Parks & Trails

Forks Area Trail System (FATS): Hiking/Mountain Biking Trail

Location: 810 Buncombe St., Edgefield, SC, 29824

Features: Series of trails to choose from.

Website: http://www.sctrails.net/trails Contact: (803) 637-5396

Horn Creek: Mountain Bike Trail

Location: 810 Buncombe Street, Edgefield, SC 29824

Features: A lake for swimming, campsites, a nature trail, and a picnic area. Toilets

and showers are available at campsites.

Website: http://www.sctrails.net/trails Contact: (803) 637-5396

Other: Admission: \$3.00 per vehicle. Hours: Dawn till dusk

Edgefield County Parks & Trails (continued...)

Hiking Trail: Sumter National Forest

Location: 810 Buncombe St., Edgefield, SC 29324

Features: Hiking area, swimming area, campground and restrooms

Website: http://www.sctrails.net/trails Contact: (803) 637-5396

Other: Admission: \$3.00 per car per day, or a \$25.00 annual pass;

Camping: \$7.00 per night.

Ten Governors: Multi-Use Trail

Location: 400 Main Street, Edgefield, SC, 29824 **Features:** .9-mile paved rail trail, fishing dock

Website: http://www.sctrails.net/trails Contact: (803) 637-4014

Other: Admission: Free Hours: Anytime

Turkey/Stevens Creek Canoe: Water Trail

Location: 810 Buncombe St., Edgefield, SC 29824-1021

Features: Campsites

Website: http://www.sctrails.net/trails Contact: (803) 637-5396

Other: Hours: Year-Round

Wild Turkey Federation Nature: Interpretive Trail

Location: P.O. Box 530, Edgefield, SC, 29803

Features: Restrooms are available at the museum where you can enjoy the natural

history exhibits, and life-like automaton presentations about hunting, wild

turkey restocking, and habitat restoration

Website: http://www.sctrails.net/trails Contact: (803) 637-3106

Edgefield County Recreation Centers

Parson's Mountain Recreation Area

Location: 810 Buncombe ST, Edgefield, SC 29824

Features: Boating, fishing, birding, camping and hiking. Picnic areas, tables, grills

and group shelters available, along with restrooms with flush toilets and

showers.

Website: http://www.discoversouthcarolina.com/products/2966.aspx

Contact: (803) 637-5396

Other: Admission: \$3 day use; \$7 night camping fee

Hours: Daily 8am-4:30pm (office); Winter Closure December 15 - March 31

Sumter National Forest

Location: 810 Buncombe ST, Edgefield, SC 29824

Features: 118,529-acres where there is fishing, birding, biking, camping and hiking

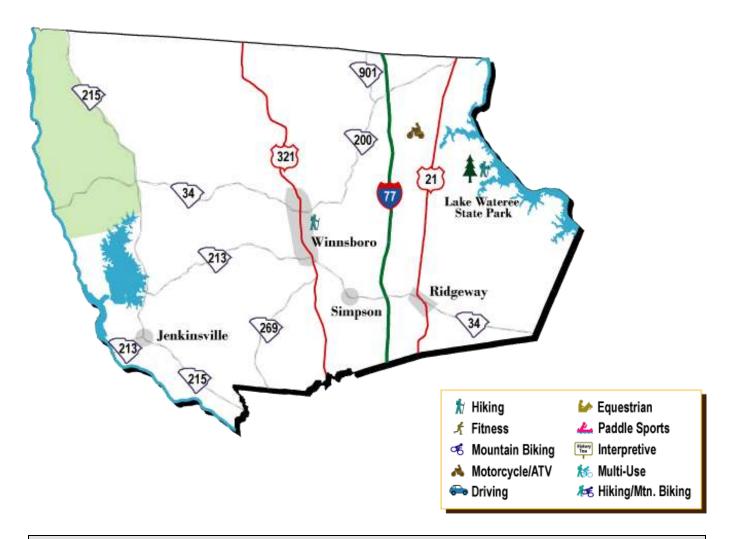
available.

Website: www.fs.fed.us/r8/fms/forest/recreation/ **Contact:** (803) 637-5396

Other: Admission: \$5-7/night camping fee, depending on campsite

Hours: Office: M-F 8am-4:30pm

Fairfield



Fairfield County Parks & Trails

Desportes Nature: Hiking Trail

Location: 881 State Park Road, Winnsboro, SC, 29180

Features: Restrooms, water, and snacks are available at the tackle shop.

Website: http://www.sctrails.net Contact: (803) 482-6401

Fortune Springs: Hiking Trail

Location: P.O. Box 73, Winnsboro, SC, 29180

Features: A reflecting pool and a small amphitheater

Website: http://www.sctrails.net Contact: (803) 635-4725

Gibson Pond

Location: 241 Gibson RD., Lexington, SC 29072

Features: 15-acre heavily wooded park with an easy to follow loop trail. Picnic shelters,

rest rooms and a fishing dock.

Website: http://www.discoversouthcarolina.com/products/27130.aspx

Contact: (803) 359-1027

Fairfield County Parks & Trails (continued...)

Lake Wateree State Recreation Area

Location: 881 State Park RD., Winnsboro, SC 29180

Features: Fishing and boating area, playground equipment, park store/gift shop, and

nature trails.

Website: http://www.southcarolinaparks.com Contact: (803) 482-6401

Virginia Hylton Park

Location: 111 Maiden LN, Lexington, SC 29072

Features: Playground, three covered gazebos, picnic tables, horseshoes, and a

restroom. Hosts free concerts from June through August.

Website: http://www.discoversouthcarolina.com/products/26552.aspx

Contact: (803) 359-1027

Other: Hours: Daily; 7 am to 9 pm

Fairfield County Recreation Centers

Carolina Adventure World

Location: 1713 Arrowhead Rd., Winnsboro, SC 29180

Features: This 2,600-acre family park offers 100 miles of groomed trails that wind

through deep woods, into steep valleys and along flowing streams.

Website: www.carolinaadventureworld.com Contact: (803) 482-3534

Other: Admission: \$25 day pass, \$15 17 and younger

Hours: Daily 8am-6pm

Fairfield County Recreation

Location: Highway 321 Bypass North, Winnsboro, SC 29180

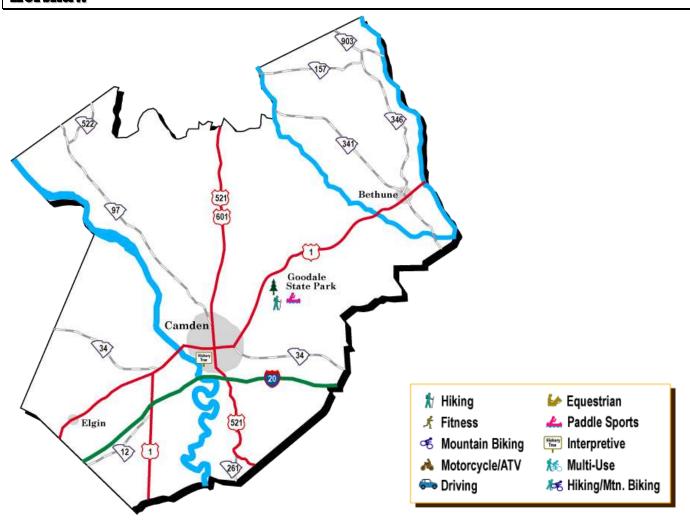
Features: Dance Classes, Gymnastics Classes, Flag football, All- Star football, Baseball

Softball, All- Star Baseball, All- Star Softball, Basketball, All – Star Basketball, Adult Basketball, and Softball, Tennis courts and a Gym

Website: http://www.fairfieldchamber.sc/content,recreation Contact: (803) 635-9114

Other: Hours: Monday-Friday 9am-5pm

Kershaw



Kershaw County Parks & Trails

Goodale State Park

Location: 650 Park RD., Camden, SC 29020

Features: Fishing and boating areas, playground equipment, picnic areas and shelters

Website: http://www.southcarolinaparks.com

Contact: (803) 432-2772

Goodale State Park: Hiking Trail- Nature

Location: 650 Park Road, Camden, SC, 29020

Features: Playground area, and restrooms and water are located at the park office area

Website: http://sctrails.net Contact: (803) 432-2772

Historic Camden: Interpretive Trail

Location: P.O. Box 710, Camden SC, 29020

Features: Revolutionary War sites and other historic exhibits.

Website: www.historic-camden.net

Contact: (803) 432-9841

Office hours: Monday thru Saturday 10:00 a.m. to 5:00 p.m. Sunday 1:00 to

5:00 p.m. Closed for major holidays.

Kershaw County Parks & Trails (continued...)

N.R. Goodale Canoe/Kayak: Water Trail

Location: 650 Park Road, Camden, SC, 29020

Features: Canoes are available to rent: \$7.00 for a half day

Website: http://sctrails.net Contact: (803) 432-2772

Kershaw County Recreation Centers

Andrew Jackson Recreation Center

Location: 6354 N. Matson Street

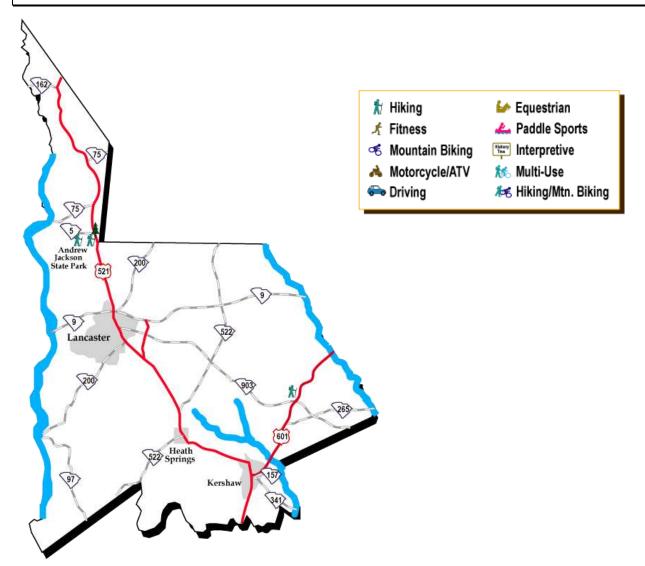
Features: 12,500 square foot indoor facility basketball gymnasium, Activities Room,

Conference Room, kitchen, parking lot.

Website: http://www.lancastercountysc.net/recreation

Contact: (803) 475-4716

Lancaster



Lancaster County Parks & Trails

Crawford: Hiking Trail

Location: 196 Andrew Jackson Road, Lancaster SC, 29720

Features: Picnic shelters, restrooms, and water

Website: http://sctrails.net Contact: (803) 285-3344

Forty Acre Rock: Hiking Trail

Location: PO Box 167, Columbia, SC 29202

Features: Small waterfall and a huge standing rock, called Forty Acre Rock.

Website: http://sctrails.net Contact: (803) 734-3886

Garden of the Waxhaws: Hiking Trail

Location: 196 Andrew Jackson Road, Lancaster SC, 29720

Features: Fishing dock, scenic views, campsites and picnic shelters

Website: http://sctrails.net Contact: (803) 285-3344

Other: Office hours: 11am to Noon.

Landsford Canal State Park

Location: 2051 Park Dr., Catawba, SC 29704

Features: Fishing and boating area, playground equipment, picnic area and shelters,

education centers and trails.

Website: http://www.southcarolinaparks.com Contact: (803) 789-5800

Lancaster County Recreation Centers

Buford Recreation Complex

Location: 4073 Hurley Walters Road

Features: 26 acres. Upon completion the facility will provide 2 soccer fields, 2 youth

size baseball fields, 2 adult size softball fields, regional historic site,

parking, and recreation center building.

Camp Creek Community Center

Location: 2848 Camp Creek Road

Features: 2 acres of facilities, including an open play area that includes ball field and

soccer practice areas

Indian Land Recreation Center

Location: 8286 Charlotte Highway

Features: 12,524 square foot indoor facility, senior programming, gymnasium, after

school program, summer day camp, meeting rooms, available rentals.

Springdale Recreation Center

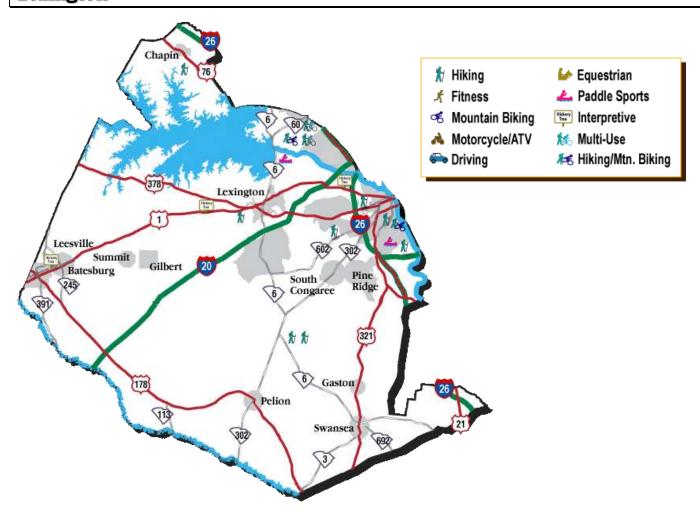
Location: 260 South Plantation Road

Features: 21,000 square foot indoor facility that houses LCPR Offices, gymnasium,

activities room, conference room and rentals available.

Website: http://www.lancastercountysc.net/recreation **Contact:**

Lexington



Lexington County Parks & Trails

Crooked Creek Park: Hiking Trail

Location: 1098 Old Lexington Highway, Chapin SC, 29036

Features: Recreation building and tennis courts

Website: http://sctrails.net Contact: (803) 345-6181

Gibson Road Soccer Complex: Hiking Trail

Location: 563 South Lake Drive, Lexington, SC, 29072

Features: Picnic shelter and a soccer field **Website:** http://www.lcrac.com/contact.php

Contact: (803) 359-4048

Other: Hours: down to dusk. Trail is lighted.

Harbison Neighborhood Trails: Multi-Use Trail

Location: 106 Hillpine Road, Columbia, SC, 292122408

Features: Shaded trails, two small lakes, and a wilderness wildlife habitat

Website: http://sctrails.net
Contact: (803) 781-2281

Lexington County Parks & Trails (continued...)

Guignard Clay Quarry Loop: Hiking Trail

Location: P.O. Box 167, Columbia, SC, 29202 **Features:** Benches at several points along trail

Website: http://sctrails.net
Contact: (803) 734-3886

Other: *No motorized vehicles or bicycles are allowed.

Guignard Park: Hiking Trail

Location: 1500 Dunbar Road, Cayce, SC, 29033

Features: Easy Walking loop trail, small stream and a picnic area

Website: http://sctrails.net Contact: (803) 791-1361

Lake Murray Elementary Fitness and Nature: Fitness Trail

Location: 205 Wise Ferry Road, Lexington, SC, 29072 **Features:** Playground area, soccer field, fitness stations

Website: http://sctrails.net/
Contact: (803) 808-1545

Outdoor Learning Center: Interpretive Trail

Location: Batesburg-Leesville H.S., Batesburg-Leesville, SC, 29006

Features: Outdoor classrooms **Website:** http://sctrails.net **Contact:** (803) 532-9251

Peachtree Rock Nature Preserve: Hiking Trail

Location: 2231 Devine St., Columbia, SC 29205 **Features:** The famous Peachtree Rock and a waterfall

Website: http://sctrails.net
Contact: (803) 254-9049

Pine Grove Sports Complex: Hiking Trail

Location: 665 Old Barnwell Road, West Columbia, SC, 29170

Features: Playground, ball fields in the complex

Website: http://sctrails.net Contact: (803) 356-4000

Riverbanks Zoo: Interpretive Trail

Location: Riverbanks Zoological Park and Botanical Garden, P O Box 1060, Columbia

SC 29202

Features: Botanical Garden, well shaded areas, restrooms, snacks and water

Website: http://sctrails.net Contact: (803)779-8717

Saluda Shoals Park: Hiking/Mountain Biking Trail

Location: 5605 Bush River Road, Columbia, SC, 29212

Features: Horse trail rides (with pre-registration), canoeing area

Website: saludashoals.com Contact: (803) 731-5208

Other: Admission: \$4 per car (annual pass available).

Hours: Open daily 7 a.m. to sunset

Lexington County Parks & Trails (continued...)

W. Wilson Howard Park: Hiking Trail

Location: 563 South Lake Drive, Lexington, SC, 29072

Features: Restrooms are available in the park and the trail is wheelchair accessible

Website: http://sctrails.net
Contact: (803) 359-9961

Lexington County Recreation Centers

Batesburg-Leesville Leisure Center

Location: 227 Highland Avenue, Batesburg, SC 29006

Features: Wellness Center, Fitness Programs, Youth & Adult Programs, Youth & Adult

Leagues, Arts & Crafts, After School & Summer Day Camp Programs, Open Gym, Indoor Walking Track, Basketball, Volleyball, Racquetball, Tennis

Courts, Baseball/Softball, Soccer, Playground, Room Rentals

Website: http://www.lcrac.com/facilities Contact: (803) 532-3810

Other: Hours: Monday - Thursday: 6:30 am - 10 pm, Friday: 6:30 am - 6 pm,

Saturday: 9 am - 2 pm, Sunday: 2 pm - 5 pm

Lexington Leisure Center

Location: 108 Park Road, Lexington, SC 29072

Features: Wellness Center, Fitness Programs, Youth & Adult Programs, Arts & Crafts,

After School & Summer Day Camp Programs, Open Gym, Indoor Walking

Track, Basketball, Volleyball, Racquetball

Website: http://www.lcrac.com/facilities Contact: (803) 957-7828

Other: Hours: Monday - Thursday: 7 am - 10 pm, Friday: 7 am - 7 pm, Saturday: 9

am – 2 pm, Sunday: 2 pm – 5 pm

Tri-City Wellness Center

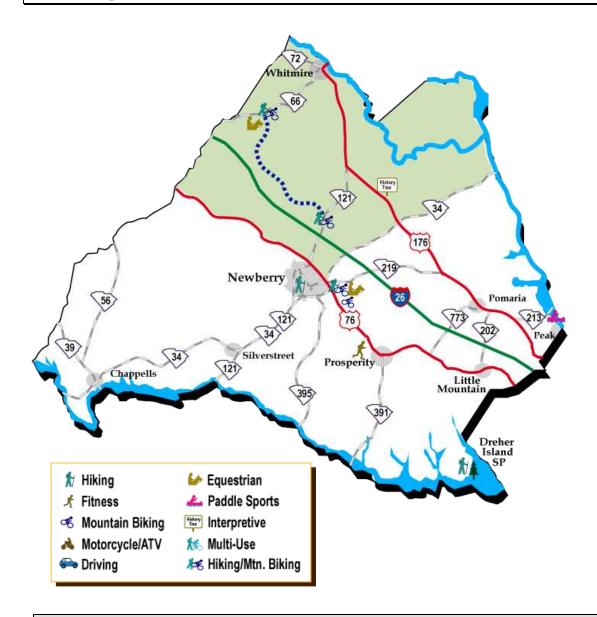
Location: 485 Brooks Avenue, West Columbia, SC 29169

Features: Quinton treadmills, Precor elliptical trainers, Concept 2 rowers, Stairmaster

bikes and climbers

Website: http://www.lcrac.com/facilities
Contact: (803) 939-9309

Newberry



Newberry County Parks & Trails

Broad River Canoe: Water Trail

Location: 506 Gervais St., Columbia, SC 29201

Features: Beautiful scenery **Website:** http://sctrails.net

Contact: (803) 765-2200 or Columbia Rowing Club at (803)748-1234

Buncombe Brick House Campground: Multi-Use Trail

Location: Enoree/Tyger Ranger District, 20 Work Center Road, Whitmire, SC, 29178

Features: Old cemeteries, creek crossings, wagon roads, and plantation sites

Website: http://sctrails.net Contact: (803) 276-4810

Other: Admission: Daily \$3 per vehicle, or yearly \$25 per vehicle. A fine will be charged

for failure to pay the fee. Hours: Open year-round

Newberry County Parks & Trails (continued...)

Dreher Island State Recreation Area: Hiking Trail

Location: 3677 State Park Road, Prosperity, SC, 29127

Features: Contains three trails to choose from

Website: http://sctrails.net Contact: (803) 364-4152

Enoree Passage of the Palmetto Trail: Hiking/Mountain Biking Trail

Location: 20 Work Center Road, Whitmire, SC, 29178

Features: Two major creeks, three small lakes, campground

Website: http://sctrails.net Contact: (803) 276-4810

Other: \$3.00 parking fee at Buncombe Parking Area (SC 66 & Forest Service Rd 358)

Lynch's Woods Passage of the Palmetto Trail: Hiking/Mountain Biking Trail

Location: 719 Kendall Road, Newberry, SC 29108-1711

Features: Water and facilities are available

Website: http://sctrails.net

Contact: (803) 276-1978 Ext. 3 or 1023

Lynches Woods: Horse Trail

Location: PO Box 434, Newberry, SC, 29108

Features: 276-acre plot of woodland

Website: http://sctrails.net Contact: (803) 276-0032

Scott's Creek Greenway: Multi-Use

Location: P.O. Box 538, 1328 College St., Newberry, SC, 29108

Features: Lights illuminating the walk

Website: http://sctrails.net Contact: (803) 321-1015 Other: Hours: 7 am to 9 pm

Newberry County Recreation Centers

Lake Greenwood State Recreation Area

Location: 302 State Park Road, Ninety-Six, SC 29666

Features: Picnic tables, shelters, playground, hiking trails, campground, fishing, public

restrooms and meeting facility.

Website: http://sciway3.net/outdoors/park-lakegreenwood.html

Contact: (864) 543-3535

Other: Admission: Adults \$2.00, SC Senior citizens \$1.25, Ages 15 and under- Free

Hours: Standard time:6am-6pm; Daylight savings time: 6am-10pm

Dreher Island State Recreation Area

Location: 3677 State Park Road, Prosperity, SC 29127

Features: Picnic tables, shelters, playground, hiking trails, campsites, fishing, cabins,

and public restrooms

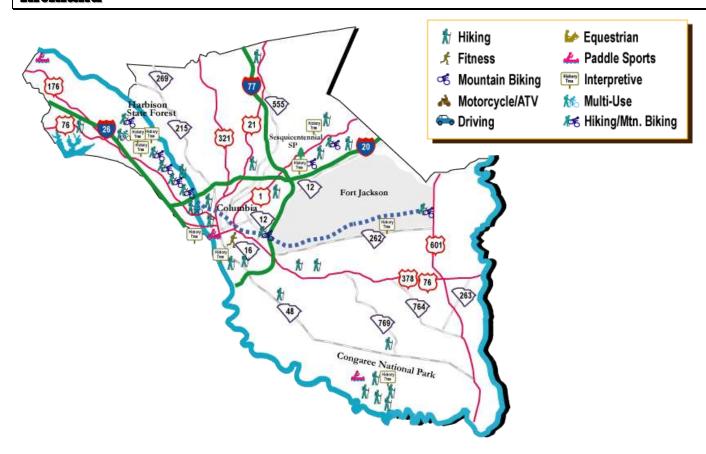
Website: http://www.southcarolinaparks.com/park-finder/state-park/1371.aspx

Contact: (803) 364-4152

Other: Admission: Adults \$2.00, SC Senior citizens \$1.25, Ages 15 and under- Free

Hours: Standard time:6am-6pm; Daylight savings time: 6am-9pm

Richland



Richland County Parks & Trails

Ballentine Park: Hiking Trail

Location: 5819 Shakespeare Road, Columbia, SC, 29223

Features: Picnic tables are available shade from the trees allow for noontime walks.

Website: http://sctrails.net

Contact: (803) 754-7275 or Email: info@rcrc.state.sc.us

Blythewood Park: Hiking Trail

Location: 5819 Shakespeare Road, Columbia, SC, 29223

Features: Playground area **Website:** http://sctrails.net

Contact: (803) 754-7275 or Email: info@rcrc.state.sc.us

Boardwalk Trail: Interpretive Trail

Location: 200 Caroline Sims Rd., Hopkins, SC 29061 **Features:** Picnic tables and restrooms are available.

Website: http://sctrails.net

Contact: (803) 776-4396. (Visitor Center open: 8:30 a.m. to 5 p.m.)

Other: Hours: Dawn to dusk; the monument gates are open 8:30 a.m. to 5:00 p.m.

Congaree River Blue Trail: National Recreation Trail

Location: American Rivers 2231 Devine Street, Suite 202, Columbia, SC 29205

Features: Several creeks can be seen from the trail.

Website: www.americanrivers.org

Contact: (803) 771-7114 or Fax: (803) 771-7580

Richland County Parks & Trails (continued...)

Conservation Station: Interpretive Trail

Location: P. O. Box 23205, Columbia, SC, 29224

Features: Six educational kiosks, Pooh Garden playground, lake habitat

Website: http://sctrails.net Contact: (803) 788-5700 Other: Hours: 8:00 a.m. – dusk

Discovery: Interpretive Trail

Location: 5500 Broad River Road, Columbia, SC 29221

Features: .4-mile, kid-friendly, out and back, hiking only interpretive trail with

informative exhibits and educational displays.

Website: http://sctrails.net Contact: (803) 896-8890

Other: Gate hours vary with the season; Admission: \$5.00 daily - \$25 annual;

Parking (Harbison only): \$2.00 daily - \$25.00 annual

Eagle: Interpretive Trail

Location: 550 Broad River Road, Columbia, SC 29221

Features: .4 to .8-mile double-loop, gazebo area, restrooms and water are available.

Website: http://sctrails.net
Contact: (803) 896-8890

Other: Gate hours vary with the season; Admission: \$5.00 daily - \$25 annual;

Parking (Harbison only): \$2.00 daily - \$25.00 annual

Falcon: Fitness Trail

Location: A. C. Flora High School, 100 Falcon Drive, Columbia SC, 29204.

Features: Fitness stations along the trail. A thick forest surrounding the trail provides an

adequate sound barrier, and ample shade to shield you from the sun on hot

summer days.

Website: http://sctrails.net

Contact: (803)738-7283 or Fax (803) 738-7307

Granby Gardens Nature: Interpretive Trail

Location: 506 Gervais Street, Columbia, SC, 29201

Features: Picnic area and facilities available.

Website: http://sctrails.net
Contact: (803) 765-2200

Other: Lights allow this trail to be used at night

Hardwood Wetlands: Hiking Trail

Location: P O Box 23205, Columbia, SC, 29224

Features: A stream and scenery **Website:** http://sctrails.net **Contact:** (803) 788-5700 **Other:** Hours: 8:00 a.m. – dusk

Historic Tree: Interpretive Trail

Location: 550 Broad River Road, Columbia, SC 29212

Features: Famous trees and displays. Water and restrooms are available.

Website: http://sctrails.net Contact: (803) 896-8890

Other: Gate hours vary with the season; Admission: \$5.00 daily - \$25 annual;

Parking (Harbison only): \$2.00 daily - \$25.00 annual

Richland County Parks & Trails (continued...)

Meadow Lake Park: Hiking Trail

Location: 5819 Shakespeare Road, Columbia, SC, 29223

Features: Flat paved walking track, which has lanes marked for runners and walkers.

Website: http://sctrails.net

Contact: (803) 754-7275 or Email: info@rcrc.state.sc.us

Other: Hours: 5 Am to 9:45 PM. Track is lighted

Polo Road Park: Hiking Trail

Location: 5819 Shakespeare Road, Columbia, SC, 29223

Features: Playground area **Website:** http://sctrails.net

Contact: (803) 754-7275 or Email: info@rcrc.state.sc.us

Riverbanks Zoo: Interpretive Trail

Location: Riverbanks Zoological Park & Botanical Garden, PO Box 1060, Cola SC 29202 **Features:** Well-shaded areas, Botanical Gardens and restrooms, snacks, and water are

available at the Botanical Garden.

Website: http://sctrails.net
Contact: (803) 779-8717

Other: Zoo Admission is required. Adults: \$8.75; students: \$7.50; senior citizens:

\$7.25; children age 3-12: \$6.25; children age 3 or younger: free

R. L. McCrady Nature: Interpretive Trail

Location: 5411 Leesburg Road, Eastover, SC 29044

Features: Natural and cultural resources

Website: http://sctrails.net Contact: (803) 806-2237

Sesqui Mountain Bike: Mountain Bike Trail

Location: 9564 Two Notch Rd., Columbia, SC 29223

Features: 1,419 acres, jogging loop, camping area, nature trail, and a lake for fishing.

Website: http://sctrails.net

Contact: (803) 788-2706, Fax: (803) 788-4414 or Email: sesqui@scprt.com

Sesquicentennial State Park

Location: 9564 Two Notch RD., Columbia, SC 29223

Features: Fishing, boating, playground equipment, hiking, nature, and bike trails, picnic

and shelter areas

Website: http://southcarolinaparks.com

Contact: (803) 788-2706 or Fax: (803) 788-4414

Richland County Recreation Centers

Bluff Road Park

Location: 148 Carswell Road, Columbia, SC 29209

Features: This 18.24-acre facility amenities include a recreation building – gymnasium,

game room, weight room, club room, arts & crafts room, kitchen; a lighted Dixie Youth baseball field and an adult baseball field; two tennis courts; playground; football/soccer field; outdoor basketball court; picnic facility with

shelter: concession stand.

Website: http://www.richlandcountyrecreation.com/bluff.asp

Contact: (803) 776-8698

Richland County Recreation Centers (continued...)

Denny Terrace Community Center & Gymnasium

Location: 6429 Bishop Avenue, Columbia, SC 29203

Features: Has a kitchen/cafeteria, classrooms, two playgrounds and a nature trail. A

new gymnasium is now open and includes tennis courts and other amenities.

Website: http://www.richlandcountyrecreation.com/denny_terrace.asp

Contact: (803) 754-6720

Pine Grove Community Center

Location: 937 Piney Woods Road, Columbia , SC 29210

Features: A multi-purpose facility. It is ideal for all types of community activities; arts

& crafts, dancing, needle point and much more.

Website: http://www.richlandcountyrecreation.com Contact: (803) 213-1261

Upper Richland Community Center

Location: 280 Campgrounds Road, Columbia, SC 29203

Features: A great place for community gatherings, family reunions, wedding receptions,

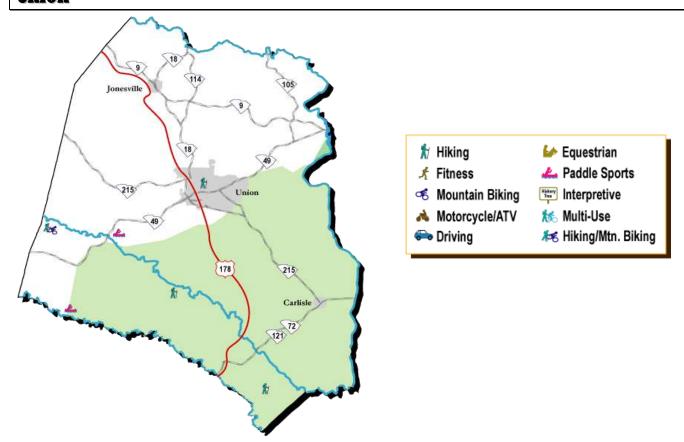
baby showers and all celebrations. Has a kitchen, serving window, restrooms, large meeting space with wide screened-in porch overlooking a pond and golf

course. Maximum capacity of our facility is 120 people.

Website: http://www.richlandcountyrecreation.com/upperrichland.asp

Contact: (803) 754-9778

Union



Union County Parks & Trails

Blackstock Battlefield Passage of the Palmetto Trail:

Hiking/ Mountain Biking Trail

Location: Palmetto Conservation Foundation, P.O. Box 1984, Spartanburg, SC 29304

Features: Historic displays throughout the trail.

Website: http://sctrails.net Contact:

Enoree River Canoe: Water Trail

Location: Tyger Office 3557 Whitmire Highway, Union, SC 29379

Features: This section of the Enoree River is 36-miles long.

Website: http://sctrails.net Contact: (864) 427-9858

Foster Park Walking: Hiking Trail

Location: City of Union, P.O. Box 987, Union, SC, 29379

Features: Playground, scenic park pond, picnic area and restrooms

Website: http://sctrails.net Contact: (864) 429-1704

Other: Hours: Trail is lighted, but closes at 11 p.m.

Jews Harp Spring: Hiking Trail

Location: 20 Work Center Road, Whitmire, SC 29178 **Features:** Easy walking 0.7-mile, out-and-back trail

Website: http://sctrails.net Contact: (803) 276-4810

Rose Hill Plantation Loop: Hiking Trail

Location: 2677 Sardis Road, Union, SC, 29379

Features: 0.6 mile walking loop, picnic pavilion and restrooms available in the log

cabins.

Website: http://sctrails.net Contact: (864) 427-5966

Tyger River canoe: Water Trail

Location: Tyger Office 3557 Whitmire Hwy., Union, SC 29379

Features: 24 miles of moderate, swift-moving flatwater.

Website: http://sctrails.net Contact: (864) 427-9858

Union County Recreation Centers

Old English District Commission

Location:

Features: Camping, golf courses, attractions, historic sites, outdoor adventures, farmers

markets, outlet shopping

Website: www.sctravel.net

Contact: (800) 968-5909 or Email:OldeEnglish@SCTravel.net

Union County Family YMCA

Location: 106 Lakeside Drive, Union, SC 29379

Features: Has developed activities especially for family involvement such as aerobics,

aquatics, and even personal trainers.

Website: http://www.unionymca.org/ Contact: (864) 427-0668

Maps and Legends:

South Carolina State Trails Program
South Carolina Department of Parks, Recreation and Tourism
1205 Pendleton Street:: Columbia, SC 29201:: 803-734-0173
http://www.sctrails.net